

Heritage on a Plate—The #CultureForAll Heritage Recipe Contest

About:

India has a rich culinary heritage that has evolved over the centuries, replete with dishes we still enjoy cooking and serving in our homes. These are not just recipes—these are links to our past and connections to special people and memories. As we bustle through our fast-paced world, we risk losing touch with what matters: those special moments shared over a meal with the ones we love. Whether it's dadpe pohe from Maharashtra, clams coconut sukke from Goa, or paani ki roti from UP, these are the recipes that linger.

To highlight and revisit these recipes and the memories attached to them, Sahapedia presents **Heritage on a Plate—The Heritage Recipe Contest**. This is a chance to share your recipes, learn from others, and win exciting prizes.

Your recipe is considered a heritage recipe if it meets at least one of the following criteria:

1. It is not prepared often and is less well-known to the younger generation.
2. It has a specific regional/cultural value (e.g., it is cooked in a specific season or on a special occasion).
3. It is unique to your family or community and has been handed down from one generation to the next.
4. It is part of local cuisine cooked only in a specific geographical landscape.
5. It requires traditional cooking tools, utensils, or methods that are not commonly used today.

Rules:

1. The recipe must mention ingredients, detailed instructions, and a list of traditional utensils/tools used, if any.
2. Entries should be submitted in English and be between 300 and 600 words.
3. Participants are expected to have the ability to shoot themselves cooking.
4. Submit your entries on or before September 16, 2021. Applications that do not adhere to the first two rules will, unfortunately, not be considered.

Selection Criteria:

The best three entries will be selected based on their uniqueness and relevance to the theme.

Prizes:

One lucky contestant will win a set of measuring spoons made of pure copper. Two other participants will each win an Amazon voucher worth INR 1,000. Winners will get a chance to showcase their culinary skills at Sahapedia's Culture For All Festival 2021.

Submit your entries here: <https://forms.gle/udUAqMMscTNxzGop7>